

Basic Needs

- breakfast cereal
- canned fruit
- canned vegetables
- crackers
- hamburger or tuna helper
- jelly or jam
- mac and cheese
- pancake mix/syrup
- pasta
- peanut butter
- ramen noodles
- rice a roni /plain rice/ pasta sides
- soup
- spaghetti sauce or sloppy joe mix
- tuna or canned chicken

Miscellaneous

- applesauce
- canned pasta
- coffee
- creamer
- jello/pudding
- ketchup
- mayo
- mustard
- salad dressing
- salt and pepper
- stove top
- sugar
- tea

Toiletries and Paper Products

- bar, dish, and laundry soap
- bathroom tissue
- deodorant
- dryer sheets
- garbage bags
- kleenex
- paper towel
- razors and shaving cream
- shampoo and conditioner

Children/Baby

- baby wipes
- size 4 diapers