

TAKE-HOME QUESTIONS

1. **Estimate** how many activities each person in your home participates in. Jesus told Martha to spend more time in His presence and not to be so busy. **Evaluate** your home together. How could you spend more time with Jesus at your home?
2. Have each person choose an activity they would be willing to **substitute/give up** in order to spend more time with God during this week:
 - Read the Bible
 - Pray to God
 - Listen to worship music
 - Watch a worship video
 - Write a letter or draw a picture to God
 - Choose a service project

OTHER RESOURCES

Leading On Empty
by Wayne Cordero

Rest
by Keri Wyatt Kent

HOPE:

Hope For The Burned-Out
October 24 & 25

WEEKEND

Martha
Luke 10:38-42, John 11:20

Live in the _____ of Jesus. *(Luke 10:40a, 42)*

- _____ yourself to others *(Gal. 6:4-5)*
- _____ God *(Luke 10:40b)*

Choose to _____ your life. *(John 11:20)*

Bottom Line:

When we are burned-out and tired, our hope is in God's help.

HOPE:

Hope For The Burned-Out
October 28

MIDWEEK

Demus & Paul
II Timothy 4:9-18

If you love this world, you will _____
burn out. (vs. 10)

Want to stay lit? Jesus _____. (vs. 16-17)

Tired? Don't worry. He is _____ for the
weary and our _____ from evil. (vs. 17-
18)

Bottom Line:

When we are burned-out and tired, our hope is in
God's help.

MINI-CHURCH DISCUSSION QUESTIONS

1. What differences do you see between Mary and Martha?
2. Who is Demas?
3. What do you like to do that gives you life and recharges you?
4. Demas deserted Paul because he loved the world. We, too, will desert God's plan for our lives if we love the world (II Tim. 4:10). If you asked 5 of your closest friends and family, what would they say that you loved?
5. In the video testimony, Dan referred to a conversation in which Jesus said that Mary chose the better thing (Luke 10:42). What does that mean to you? What stands in the way of you spending time with Jesus?
6. Some of us tend to work too much, while others of us may focus on just having fun. Both extremes put us in danger of losing "the better thing." Where does your life fit between these 2 focuses? Do you have space/margin in your life?
7. Have you ever felt so overwhelmed that you wanted to give up? Are you tired? God's will for your life can be very challenging. The apostle Paul shares in his letters that he was tired too. He also tells us that he was able to persevere because the Lord was his strength and his defender from evil (II Tim. 4:17-18). What would it mean for Jesus to be strength for you in your life? Look back to question 4. Does what your friends and family notice in your life correspond to what you say you believe? Talk about how your life would be different if Jesus was your only source of strength. What are some changes you would need to make for that to happen?